



FAQs – for Parents

Sending your child on a residential trip can be both exciting and nerve-wracking. To help, we've created this FAQ to answer common questions about safety, packing, communication and more.

How safe is Ufton?

Staying at Ufton is great fun, children have considerable freedom and are encouraged to be adventurous. All activities are underpinned by robust and rigorous Health and Safety policies and procedures, have been risk assessed and our team work together to be vigilant and enforce our Health and Safety Policy.

We have been awarded several kite marks, including Learning Outside the Classroom Quality Badge, Adventuremark and AHOEC Gold which all endorse our approach to Health, Safety and Welfare.

Ufton is staffed 24-hours a day and is on private land so public access is not permitted. All doors have regularly changing codes and entry at our gate is via an intercom to ensure the security of all of those staying with us. All adults on site are identifiable either through their uniform or the lanyard they must wear.

What clothes should they bring?

Please make sure that your child(ren) has appropriate clothing for the season and the weather, including sturdy shoes. Do not pack their best clothes; comfortable, casual wear is much more suitable for the activities in which they will be participating and will maximise their enjoyment of the visit.

Please label all clothes and belongings, especially shoes, coats and cameras.

For a detailed list of items to include when packing, please see our kit list in the [Parents Hub](#).

We recommend your child(ren) pack their belongings in a holdall, case or rucksack that they can carry comfortably by themselves.

What footwear do they need?

Please send your child with a pair of indoor shoes (avoid slippers – light trainers are much more suitable) and a pair of outdoor shoes (these can be wellies, boots or trainers). In addition, if your child is having a banquet or feast, they will need school / black shoes.

Can I send food or snacks to Ufton with my child?

We ask that children do not bring food themselves. If they have special dietary needs, we are happy to either cater for them or for you to provide the food via your school staff.

What's on the menu?

Healthy eating and social meal times are an important aspect of time at Ufton. We ensure there is adequate time to eat and chat about the activities and learning they have experience.

Three healthy, balanced meals and two healthy snack breaks are available daily and are freshly prepared on site by our catering team.

Sample menus are available on the website in the [Parents Hub](#).



Is there a shop on site? Do they need any money?

There is no need for children to bring their own money on site. We do not have a shop.

Can we come to look around before they visit?

Unfortunately, this is not possible – unless your child has a specific need or concern in which case we are happy to arrange visits before they come. Please contact the Main Office on 0118 983 2099 to speak with a member of staff.

Are there disabled facilities at Ufton?

There are many disabled facilities here at Ufton, including a fully equipped cabin with a hoist and adjustable beds.

In the Manor House, we have a deafguard system in place for children that are hard of hearing or deaf, which will alert them in an emergency.

Please contact the Main Office for information on what facilities we can offer your child.

Will you cater for my child's food allergies?

Yes, we will cater for food allergies. Your child's school will provide Ufton with a detailed list of children's food allergies. We order our groceries based on these forms.

Does my child need to bring bedding?

All bedding will be provided by Ufton. If your child has allergies that you feel may be affected by our bedding, please notify your school staff that your child will be bringing their own bedding.

As part of developing the children's independence, they will make their own beds. It is a good idea to run through this at home (putting a duvet cover and pillow case on). The children really enjoy this extra room-time.

Is there somewhere to store my child's medication?

Yes, there is a fridge available to visiting staff where your child's school can keep any medication.