

Ufton History

Name of School: Your school

Visit: Vikings – 3 days, 2 nights

Year Group: Year 4 (90 children)

History Objectives: To understand the Viking and Anglo-Saxon struggle for the Kingdoms of England; To experience elements of culture and life in Viking England; To ask and respond to questions about contrasts, connections and trends

First Day

10:00 Arrival, Welcome, Refreshment break and paperwork

On arrival welcome the group as new Viking explorers and raiders. The Vikings have arrived in England and raided/settled in a number of the Saxon kingdoms across the country. The kingdom of Wessex is the most powerful; being in the South west had protected it to some degree from the Viking invasions to date. Consider how to scout new lands, plan for battle and live life as a settler.

Group 1

10:45 Voyaging Vikings

KQ: Why do we explore?

How did we do this? What do we need? What was so special about a Viking long ship? Learn about how widely we Vikings explored/travelled and how we traded

Group 2

Vicious Vikings

KQ: How do we fight?

How do we Vikings fight? What skills do we need? What weapons are used and why? We learn key battle skills and train, ready for battle again.

Group 3

Viking Fire lighting

KQ: What key skills are needed to support our life here?

Experience an element of Viking life by trying to start a fire using Viking techniques

11:45 Viking Fire lighting

Voyaging Vikings

Vicious Vikings

12:45 Lunch

14:00 Vicious Vikings

Viking Fire lighting

Voyaging Vikings

15:00 Show to rooms / Fire Drill

16:00 Refreshment Break

Group A

16:15 Viking funeral drama (led by UC, free of charge)

KQ: How do Viking beliefs impact on their everyday lives?

What did they believe? What did they think they had to do for a dead Viking king and why? Sidroc, the army commander, has died and it falls to the tribe to bury him with all ceremony

Group B

Viking Games

KQ: What can we do for leisure?

What could Viking children do? What skills would these games develop? How are these similar/different to what we play today?

17:30 Dinner

18:30 Viking Games

Viking funeral drama (led by UC, free of charge)

19:45 School led activity / bedtime routines

Second Day

Wake, wash, dress

08:00 Breakfast

Vikings didn't spend all of their time fighting; they were also craftsmen and women too. They needed to be able to be self-sufficient in clothing and feeding themselves. This was important in their homelands in Scandinavia and when settling in other countries. Additionally, warriors off to battle/explore Wessex needed to be equipped in advance for their journey and what they needed.

Group 1

Group 2

Group 3

09:30 Viking Torc

KQ: What key skills are needed to support our life here?

Create your own Viking torc to wear, learning some metalwork skills along the way

Viking Skills

KQ: What key skills are needed to support our life here?

How would we use these skills? What would happen if we didn't have these skills? These skills enable us to be self-sufficient and also trade with others. Also consider as a whole what these teach us about everyday life for our people (long working day, hard life)

Viking Tales

KQ: What can we learn about the Vikings from the tales they told?

Learn about and re-enact the story of Beowulf – his bravery, cunning and how he saved the day- beating Grendel the monster or be intrigued by the tale of Sigourd and the Dragon

11.00 Refreshment Break

11:15 Viking Tales

Viking Torc

Viking Skills

12:45 Lunch

14:00 Viking Skills

Viking Tales

Viking Torc

15.30 Refreshment Break

16:00 *Meet to prepare for the Feast*

KQ: What is the importance of a feast in Viking life?

Who would go? What took place? Take part in a Viking feast to celebrate the victory so far and to prepare for battle the next day. Feast today for tomorrow you may die! Celebrate the gods and honour them, call on them for protection. The soothsayer discovers what could happen the next day.

17:15 Viking Feast

19:15 Return and change out of costume

19:45 School led activity / bedtime routines

Third Day

Wake, wash, dress, strip beds

08:00 *Breakfast, bags downstairs and in to luggage store.*

The soothsayer has spoken! We must fight to stay in Wessex. Learn battle formations and call on Odin to win. The epic struggle between the Vikings, under King Bagsec then Guthrum, and the Saxons under Aethelwulf, Ethelred and then Alfred, is on.

09:30 **Battle of Reading**

KQ: How can we deal with the Saxon settlers?

Why would the Saxons fight? What did they do to defend themselves? Did the Vikings always win? Learn about how the different kings used varying approaches and how King Alfred outwitted the Vikings to successfully defend Wessex

11:00 *Refreshment Break*

11:30 **Reflect and review**

12:00 *Picnic Lunch*

13:00 *Departure*

Visiting Teacher's Notes:

Activities in **BLUE** are led by Ufton staff (and may be chargeable extras)

Activities in **BLACK** are introduced by Ufton staff then led by schools