

History and Outdoor Learning Residential visits

Week 1: w/c 11th September /9th October / 13th November/ 11th December

Day 1	Morning snack	Fruit on arrival (apples, pears, oranges & bananas)
	Lunch	Chicken Fajita in pitta bread & salad. Yoghurts.
	Afternoon Snack	Popcorn
	Dinner	Pasta bake, garlic bread & salad
	Pudding	Apple crumble & custard
Day 2	Breakfast	Self-service with a choice of cereals (Multigrain Hoops, Weetabix or corn flakes) Toast with butter and/or jam. Fresh fruit.
	Morning snack	Carrot & cucumber sticks
	Lunch	Jacket potatoes, beans, cheese & Salad
	Afternoon Snack	Flapjack
	Dinner	<u>History:</u> Banquet roast chicken, Roast potatoes, Corn on the cob and Bread rolls. <u>Outdoor Learning:</u> Fiesta night! Chicken Fajitas, buffet style, with Potato wedges.
	Pudding	Banquet cake with fresh fruit
Day 3	Breakfast	Self-service with a choice of cereals (Multigrain Hoops, Weetabix or corn flakes) Toast with butter and/or jam. Fresh fruit.
	Morning snack	Fresh fruit (apples, pears, oranges & bananas)
	Lunch	Sausage rolls, crisps & cookies

Please be aware that we reserve the right to change the menu with short notice as we rely on deliveries and food that is available to us. We will do our best to inform you of any changes as soon as possible.

We must be made aware of any diagnosed food allergies, intolerances, or requirements in advance, so we are able to cater for them accordingly. We kindly ask for at least 1 weeks' notice of requirements.

Week 2: w/c 18th September /16th October /20th November / 18th December

Day 1	Morning snack	Fruit on arrival (apples, pears, oranges & bananas)
	Lunch	Turkey Burger and Salad. Yoghurts.
	Afternoon Snack	Popcorn
	Dinner	Chicken Curry, rice and naan bread
	Pudding	Chocolate Brownie and cream
Day 2	Breakfast	Self-service with a choice of cereals (Multigrain Hoops, Weetabix or corn flakes) Toast with butter and/or jam. Fresh fruit.
	Morning snack	Carrot & cucumber sticks
	Lunch	Fish cakes and Salad. Jelly.
	Afternoon Snack	Flapjack
	Dinner	<u>History:</u> Banquet roast chicken, Roast potatoes, Corn on the cob and Bread rolls. <u>Outdoor Learning:</u> Fiesta night! Chicken Fajitas, buffet style, with Potato wedges.
Day 3	Pudding	Banquet cake with fresh fruit
	Breakfast	Self-service with a choice of cereals (Multigrain Hoops, Weetabix or corn flakes) Toast with butter and/or jam. Fresh fruit.
	Morning snack	Fresh fruit (apples, pears, oranges & bananas)
	Lunch	Sausage rolls, crisps & biscuits

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Week 3: w/c 25th September /30th October / 27th November

Day 1	Morning snack	Fruit on arrival (apples, pears, oranges & bananas)
	Lunch	Hot dog and salad. Yoghurts
	Afternoon Snack	Popcorn
	Dinner	Hunters Chicken, potato wedges and peas
	Pudding	Sticky Toffee Pudding and cream
Day 2	Breakfast	Self-service with a choice of cereals (Multigrain Hoops, Weetabix or corn flakes) Toast with butter and/or jam. Fresh fruit.
	Morning snack	Carrot & cucumber sticks
	Lunch	Jacket potato, beans, cheese and salad. Jelly.
	Afternoon Snack	Flapjack
	Dinner	<u>History:</u> Banquet roast chicken, Roast potatoes, Corn on the cob and Bread rolls. <u>Outdoor Learning:</u> Fiesta night! Chicken Fajitas, buffet style, with Potato wedges.
Day 3	Pudding	Banquet cake with fresh fruit
	Breakfast	Self-service with a choice of cereals (Multigrain Hoops, Weetabix or corn flakes) Toast with butter and/or jam. Fresh fruit.
	Morning snack	Fresh fruit (apples, pears, oranges & bananas)
	Lunch	Sausage rolls , crisps & cookies

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Week 4: w/c 2nd October /6th November / 4th December

Day 1	Morning snack	Fruit on arrival (apples, pears, oranges & bananas)
	Lunch	Fish cake and salad. Yoghurts
	Afternoon Snack	Popcorn
	Dinner	Oriental Chicken, rice and spring rolls
	Pudding	Sponge and custard
Day 2	Breakfast	Self-service with a choice of cereals (Multigrain Hoops, Weetabix or corn flakes) Toast with butter and/or jam. Fresh fruit.
	Morning snack	Carrot & cucumber sticks
	Lunch	BBQ turkey meatball sub and salad. Jelly.
	Afternoon Snack	Flapjack
	Dinner	<u>History:</u> Banquet roast chicken, Roast potatoes, Corn on the cob and Bread rolls. <u>Outdoor Learning:</u> Fiesta night! Chicken Fajitas, buffet style, with Potato wedges.
	Pudding	Banquet cake with fresh fruit
Day 3	Breakfast	Self-service with a choice of cereals (Multigrain Hoops, Weetabix or corn flakes) Toast with butter and/or jam. Fresh fruit.
	Morning snack	Fresh fruit (apples, pears, oranges & bananas)
	Lunch	Sausage rolls, crisps & biscuits

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