

## History and Outdoor Learning Residential visits

### **Week 1: W/C 15<sup>th</sup> April, 13<sup>th</sup> May, 10<sup>th</sup> June, 8<sup>st</sup> July**

<b>Day 1</b>	<b>Morning snack</b>	Fruit on arrival (apples, pears, oranges & bananas).
	<b>Lunch</b>	Jacket Potato, Beans, Cheese, Tuna & Mayonnaise, Salad. Yoghurts. (GF, V, Ve).
	<b>Afternoon Snack</b>	Biscuits (GF, V, Ve).
	<b>Dinner</b>	Tomato & Basil pasta bake with garlic bread and roasted vegetables (GF, V, Ve).
	<b>Pudding</b>	Apple crumble & custard (GF,,V, Ve).
<b>Day 2</b>	<b>Breakfast</b>	Self-service with a choice of cereals (Multigrain Hoops (V, Ve), Weetabix (V, Ve) or corn flakes (GF, V, Ve)) Toast (GF) with butter (GF, V) and/or jam (GF, V, Ve). Fresh fruit.
	<b>Morning snack</b>	Carrot & cucumber sticks.
	<b>Lunch</b>	Hot dog/Veggie Hot Dog (GF, V, Ve) and salad. Jelly. (GF, V, Ve).
	<b>Afternoon Snack</b>	Flapjack. (GF, V, VG).
	<b>Dinner</b>	<u>History:</u> Banquet roast chicken (GF)/Cheese and Broccoli Quon(V), Roast potatoes (GF, V, Ve), Corn on the cob and Bread rolls (V, Ve). <u>Outdoor Learning:</u> Fiesta night! Katsu Chicken Curry (GF, V), buffet style, with rice (GF, V, Ve).
<b>Pudding</b>	Banquet cake (GF, V), with fresh fruit.	
<b>Day 3</b>	<b>Breakfast</b>	Self-service with a choice of cereals (Multigrain Hoops (V, VG), Weetabix (V, Ve) or corn flakes (GF, V, Ve)) Toast (GF) with butter (GF, V) and/or jam (GF, V, Ve). Fresh fruit.
	<b>Morning snack</b>	Watermelon (GF, V, Ve).
	<b>Lunch</b>	Sausage Rolls (GF, V, Ve), crisps (GF, V, Ve) biscuits (V) & fresh fruit (apples, pears, oranges & bananas).

Please be aware that we reserve the right to change the menu with short notice as we rely on deliveries and food that is available to us. We will do our best to inform you of any changes as soon as possible.

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### **Week 2: 22<sup>nd</sup> April, 20<sup>th</sup> May, 17<sup>th</sup> June, 15<sup>th</sup> July**

<b>Day 1</b>	<b>Morning snack</b>	Fruit on arrival (apples, pears, oranges & bananas).
	<b>Lunch</b>	Jacket Potato, Beans, Cheese, Coleslaw, Salad. Yoghurts. (GF, V, Ve).
	<b>Afternoon Snack</b>	Biscuits (GF, V, Ve).
	<b>Dinner</b>	Sweet & Sour Chicken, Rice & Sauteed Vegetables (GF, V, Ve).
	<b>Pudding</b>	Chocolate Brownie and cream. (GF, V, Ve).
<b>Day 2</b>	<b>Breakfast</b>	Self-service with a choice of cereals (Multigrain Hoops (V, VG), Weetabix (V, Vw) or corn flakes (GF, V, Ve)) Toast (GF) with butter (GF, V) and/or jam (GF, V, Ve). Fresh fruit.
	<b>Morning snack</b>	Carrot & cucumber sticks.
	<b>Lunch</b>	Chicken Burgers(GF)/Veggie Burger (V, Ve) and Salad. Jelly (GF, V, Ve).
	<b>Afternoon Snack</b>	Flapjack. (GF, V, Ve).
	<b>Dinner</b>	<u>History:</u> Banquet roast chicken (GF)/Cheese and Broccoli Quon(V), Roast potatoes (GF, V, Ve), Corn on the cob and Bread rolls (V, Ve). <u>Outdoor Learning:</u> Fiesta night! Katsu Chicken Curry (GF, V), buffet style, with rice (GF, V, Ve).
	<b>Pudding</b>	Banquet cake (GF, V), with fresh fruit.
<b>Day 3</b>	<b>Breakfast</b>	Self-service with a choice of cereals (Multigrain Hoops (V, VG), Weetabix (V, VG) or corn flakes (GF, V, Ve)) Toast (GF) with butter (GF, V) and/or jam (GF, V, Ve). Fresh fruit.
	<b>Morning snack</b>	Watermelon (GF, V, Ve).
	<b>Lunch</b>	Sausage Rolls (GF, V, Ve), crisps (GF, V, Ve) biscuits (V) & Fresh fruit (apples, pears, oranges & bananas).

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### **Week 3: W/C 29<sup>th</sup> April, 27<sup>th</sup> May, 24<sup>th</sup> June, 22<sup>nd</sup> July**

<b>Day 1</b>	<b>Morning snack</b>	Fruit on arrival (apples, pears, oranges & bananas).
	<b>Lunch</b>	Jacket Potato, Beans, Cheese, Tuna & Mayonnaise, Salad. Yoghurts. (GF, V, Ve).
	<b>Afternoon Snack</b>	Biscuits (GF, V, Ve).
	<b>Dinner</b>	Sausages/Vegetarian Sausages (GF, V, Ve), Herby Diced Potatoes & Vegetables.
	<b>Pudding</b>	Sticky Toffee Pudding and Cream. (GF, V, Ve).
<b>Day 2</b>	<b>Breakfast</b>	Self-service with a choice of cereals (Multigrain Hoops (V, Ve), Weetabix (V, Ve) or corn flakes (GF, V, Ve)) Toast (GF) with butter (GF, V) and/or jam (GF, V, Ve). Fresh fruit.
	<b>Morning snack</b>	Carrot & cucumber sticks.
	<b>Lunch</b>	Fish fingers (GF, V, VG) salad bar (GF, V, Ve) and Jelly (GF, V, Ve).
	<b>Afternoon Snack</b>	Flapjack. (GF, V, VG).
	<b>Dinner</b>	<u>History</u> : Banquet roast chicken (GF)/Cheese and Broccoli Quon(V), Roast potatoes (GF, V, Ve), Corn on the cob and Bread rolls (V, Ve). <u>Outdoor Learning</u> : Fiesta night! Katsu Chicken Curry (GF, V), buffet style, with rice (GF, V, Ve).
	<b>Pudding</b>	Banquet cake (GF, V), with fresh fruit.
<b>Day 3</b>	<b>Breakfast</b>	Self-service with a choice of cereals (Multigrain Hoops (V, Ve), Weetabix (V, Ve) or corn flakes (GF, V, Ve)) Toast (GF) with butter (GF, V) and/or jam (GF, V, Ve). Fresh fruit.
	<b>Morning snack</b>	Watermelon (GF, V, Ve).
	<b>Lunch</b>	Sausage Rolls (GF, V, Ve), crisps (GF, V, Ve) biscuits (V) & fresh fruit (apples, pears, oranges & bananas).

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### **Week 4: W/C 6th May, 3rd June, 1<sup>st</sup> July**

<b>Day 1</b>	<b>Morning snack</b>	Fruit on arrival (apples, pears, oranges & bananas).
	<b>Lunch</b>	Jacket Potato, Beans, Cheese, Coleslaw, Salad. Yoghurts. (GF, V, Ve).
	<b>Afternoon Snack</b>	Biscuits (GF, V, Ve).
	<b>Dinner</b>	Korean BBQ chicken, rice (GF, V, Ve) and chargrilled vegetables (GF, V, Ve).
	<b>Pudding</b>	Jam & Coconut Sponge and custard (GF, V).
<b>Day 2</b>	<b>Breakfast</b>	Self-service with a choice of cereals (Multigrain Hoops (V, Ve), Weetabix (V, Ve) or corn flakes (GF, V, Ve)). Toast (GF) with butter (GF, V) and/or jam (GF, V, Ve). Fresh fruit.
	<b>Morning snack</b>	Carrot & cucumber sticks.
	<b>Lunch</b>	Chicken Burger (GF, V, Ve), salad bar (GF, V, Ve) and Jelly (GF, V, Ve).
	<b>Afternoon Snack</b>	Flapjack (GF, V, VG).
	<b>Dinner</b>	<u>History</u> : Banquet roast chicken (GF)/Cheese and Broccoli Quon(V), Roast potatoes (GF, V, Ve), Corn on the cob and Bread rolls (V, Ve). <u>Outdoor Learning</u> : Fiesta night! Katsu Chicken Curry (GF, V), buffet style, with rice (GF, V, Ve).
	<b>Pudding</b>	Banquet cake (GF, V), with fresh fruit.
<b>Day 3</b>	<b>Breakfast</b>	Self-service with a choice of cereals (Multigrain Hoops (V, Ve), Weetabix (V, Ve) or corn flakes (GF, V, Ve)). Toast (GF) with butter (GF, V) and/or jam (GF, V, Ve). Fresh fruit.
	<b>Morning snack</b>	Watermelon. (GF, V, Ve).
	<b>Lunch</b>	Sausage Roll (GF, V, Ve), crisps (GF, V, Ve) biscuits (V) & fresh fruit (apples, pears, oranges & bananas).

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## WWII Menu

<b>Day 1</b>	<b>Morning snack</b>	Fruit on arrival (apples, pears, oranges & bananas).
	<b>Lunch</b>	Jacket Potato, Beans, Cheese, Coleslaw, Salad. Yoghurts. (GF, V, Ve).
	<b>Afternoon Snack</b>	Biscuits (GF, V, Ve).
	<b>Dinner</b>	Korean BBQ chicken, rice (GF, V, Ve) and chargrilled vegetables (GF, V, Ve).
	<b>Pudding</b>	Jam & Coconut Sponge and custard (GF, V).
<b>Day 2</b>	<b>Breakfast</b>	Self-service with a choice of cereals (Multigrain Hoops (V, Ve), Weetabix (V, Ve) or corn flakes (GF, V, Ve)). Toast (GF) with butter (GF, V) and/or jam (GF, V, Ve). Fresh fruit.
	<b>Morning snack</b>	Carrot & cucumber sticks.
	<b>Lunch</b>	Chicken Burger (GF, V, Ve), salad bar (GF, V, Ve) and Jelly (GF, V, Ve).
	<b>Afternoon Snack</b>	Flapjack (GF, V, VG).
	<b>Dinner</b>	<u>History:</u> WWII Tea Party – Sandwiches, Cheese and Pineapple sticks, Cocktail Sausages, Quiche, Pork Pies, Chicken Goujons, Carrot & Cucumber Sticks.
	<b>Pudding</b>	Cupcakes (GF, V)
<b>Day 3</b>	<b>Breakfast</b>	Self-service with a choice of cereals (Multigrain Hoops (V, Ve), Weetabix (V, Ve) or corn flakes (GF, V, Ve)). Toast (GF) with butter (GF, V) and/or jam (GF, V, Ve). Fresh fruit.
	<b>Morning snack</b>	Overnight Chocolate Oats (GF, V, Ve).
	<b>Lunch</b>	Sausage rolls (GF, V, Ve), crisps (GF, V, Ve) biscuits (V) & fresh fruit (apples, pears, oranges & bananas).

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